



# Accessible Wellbeing Walk

Twickenham Junction Rough to Kneller Gardens and return

Meet 12.45 for 1pm – 3pm at The Exchange, London Road, Twickenham

TW1 1BE

To register or for more information email [parks@richmond.gov.uk](mailto:parks@richmond.gov.uk) or [garywilliams@ruils.co.uk](mailto:garywilliams@ruils.co.uk)

Open to all but suitable for people in wheelchairs and people using walking aids

Free guided walk with support from volunteers

Spend time enjoying nature with others

Meet once a month for a short walk along the River Crane

Start and finish close to transport routes.

# Accessible Wellbeing Walk

Twickenham Junction Rough to  
Kneller Gardens and return

Meet at next to the fountains at  
The Exchange, London Road,  
Twickenham TW1 1BE

Meet at 12.45pm for a walk  
1.00pm-3.00pm,



## Transport options

Twickenham  
Station for South  
Western Railways

Bus routes

110, 267, 281, 681

Limited disabled  
parking is available  
please book your  
space

Free activity but  
please register in  
advance

## Spring / Summer 2024

Thursday 2nd May	Thursday 6th June	Thursday 4th July
Thursday 1st August	Thursday 5th September	Thursday 3rd October

Email: [parks@richmond.gov.uk](mailto:parks@richmond.gov.uk) or  
[garywilliams@ruils.co.uk](mailto:garywilliams@ruils.co.uk)

Or phone Gary 07904 608 404

